

# Campbelltown Joggers Club

## 1990 Handicap Series Results

H'cap No: 1

Date: Mar

Course: Airds 10 km

Start: Unknown

| Place | Name             | H'cap   | Actual  | +/-     | Points | Note | PB | Improv |
|-------|------------------|---------|---------|---------|--------|------|----|--------|
| 1     | Alan Banfield    | 0:45:00 | 0:42:02 | - 02:58 | 25     |      |    |        |
| 2     | Danny Perry      | 0:39:30 | 0:37:47 | - 01:43 | 23     |      |    |        |
| 3     | Andy Ponsonby    | 0:39:30 | 0:39:03 | - 00:27 | 21     |      |    |        |
| 4     | Gary White       | 0:41:15 | 0:40:54 | - 00:21 | 20     |      |    |        |
| 5     | Alan Holt        | 0:45:15 | 0:45:05 | - 00:10 | 19     |      |    |        |
| 6     | Bob Corderoy     | 0:37:15 | 0:37:11 | - 00:04 | 18     |      |    |        |
| 7     | Rod Glynn        | 0:37:15 | 0:37:14 | - 00:01 | 17     |      |    |        |
| 8     | Simon Price      | 0:45:30 | 0:45:59 | + 00:29 | 16     |      |    |        |
| 9     | Dennis Hams      | 0:43:00 | 0:43:42 | + 00:42 | 15     |      | >  | 01:00  |
| 10    | Barry Hall       | 0:37:30 | 0:38:16 | + 00:46 | 14     |      |    |        |
| 11    | Stan Cousins     | 0:44:30 | 0:45:35 | + 01:05 | 13     |      |    |        |
| 12    | Peter Knott      | 0:42:15 | 0:43:35 | + 01:20 | 12     |      |    |        |
| 13    | Malcolm Nearn    | 0:43:00 | 0:44:25 | + 01:25 | 11     |      |    |        |
| 14    | Bruce Frazer     | 0:39:30 | 0:41:15 | + 01:45 | 10     |      |    |        |
| 15    | Charlie Donnelly | 0:00:00 | 0:46:03 |         |        |      |    |        |
| 16    | John Derrick     | 0:00:00 | 0:49:17 |         |        |      |    |        |
| 17    | John Chapman     | 0:39:30 |         |         |        | DNF  |    |        |

# Campbelltown Joggers Club

## 1990 Handicap Series Results

H'cap No: 2

Date: Apr

Course: Airds 10 km

Start: Unknown

| Place | Name               | H'cap   | Actual  | +/-     | Points | Note | PB | Improv |
|-------|--------------------|---------|---------|---------|--------|------|----|--------|
| 1     | Simon Price        | 0:45:30 | 0:42:31 | - 02:59 | 25     |      |    |        |
| 2     | Bruce Frazer       | 0:40:00 | 0:37:48 | - 02:12 | 23     |      |    |        |
| 3     | Alan Holt          | 0:45:15 | 0:43:56 | - 01:19 | 21     |      |    |        |
| 4     | Chris Thoroughgood | 0:43:30 | 0:42:17 | - 01:13 | 20     |      | >  | 00:10  |
| 5     | Rod Glynn          | 0:37:15 | 0:36:09 | - 01:06 | 19     |      |    |        |
| 6     | Andy Ponsonby      | 0:39:30 | 0:38:28 | - 01:02 | 18     |      | >  | 00:18  |
| 7     | Alan Banfield      | 0:43:00 | 0:42:00 | - 01:00 | 17     |      |    |        |
| 8     | Stan Cousins       | 0:44:30 | 0:43:45 | - 00:45 | 16     |      |    |        |
| 9     | Peter Knott        | 0:42:30 | 0:41:48 | - 00:42 | 15     |      |    |        |
| 10    | Bob Corderoy       | 0:37:15 | 0:37:34 | + 00:19 | 14     |      |    |        |
| 11    | Barry Hall         | 0:37:45 | 0:38:07 | + 00:22 | 13     |      |    |        |
| 12    | Michael Limbrey    | 0:42:00 | 0:42:45 | + 00:45 | 12     |      |    |        |
| 13    | Malcolm Nearn      | 0:43:15 | 0:44:12 | + 00:57 | 11     |      |    |        |
| 14    | Don Johnson        | 0:45:30 | 0:46:52 | + 01:22 | 10     |      |    |        |
| 15    | John Chapman       | 0:40:00 | 0:42:37 | + 02:37 | 9      |      |    |        |
| 16    | Steve Dewhurst     | 0:00:00 | 0:36:01 |         |        |      |    |        |
| 17    | Don Dewhurst       | 0:00:00 | 0:40:16 |         |        |      |    |        |
| 18    | David McBean       | 0:00:00 | 0:41:00 |         |        |      |    |        |
| 19    | John Derrick       | 0:00:00 | 0:48:46 |         |        |      | >  | 00:31  |
| 20    | Charlie Donnelly   | 0:00:00 | 0:48:46 |         |        |      |    |        |
| 21    | Graeme Butler      | 0:00:00 | 0:50:43 |         |        |      |    |        |

# Campbelltown Joggers Club

## 1990 Handicap Series Results

H'cap No: 3

Date: May

Course: Airds 10 km

Start: Unknown

| Place | Name               | H'cap   | Actual  | +/-     | Points | Note | PB | Improv |
|-------|--------------------|---------|---------|---------|--------|------|----|--------|
| 1     | Chris Thoroughgood | 0:42:30 | 0:40:58 | - 01:32 | 25     |      | >  | 01:19  |
| 2     | Peter Knott        | 0:42:00 | 0:40:45 | - 01:15 | 23     |      | >  | 01:01  |
| 3     | Don Dewhurst       | 0:40:00 | 0:38:55 | - 01:05 | 21     |      | >  | 01:21  |
| 4     | Alan Holt          | 0:44:15 | 0:43:40 | - 00:35 | 20     |      |    |        |
| 5     | Bob Corderoy       | 0:36:45 | 0:36:18 | - 00:27 | 19     |      | >  | 00:02  |
| 6     | John Derrick       | 0:48:30 | 0:48:12 | - 00:18 | 18     |      | >  | 00:34  |
| 7     | Andy Ponsonby      | 0:39:00 | 0:38:53 | - 00:07 | 17     |      |    |        |
| 8     | Simon Price        | 0:43:30 | 0:43:32 | + 00:02 | 16     |      |    |        |
| 9     | Michael Limbrey    | 0:41:45 | 0:41:56 | + 00:11 | 15     |      |    |        |
| 10    | Don Johnson        | 0:46:00 | 0:46:28 | + 00:28 | 14     |      |    |        |
| 11    | Malcolm Nearn      | 0:43:30 | 0:44:12 | + 00:42 | 13     |      |    |        |
| 12    | Danny Perry        | 0:38:15 | 0:40:02 | + 01:47 | 12     |      |    |        |
| 13    | Alan Banfield      | 0:42:30 | 0:45:24 | + 02:54 | 11     |      |    |        |
| 14    | Steve Dewhurst     | 0:00:00 | 0:36:50 |         |        |      |    |        |
| 15    | Steve Isabel       | 0:00:00 | 0:36:53 |         |        |      |    |        |
| 16    | David McBean       | 0:00:00 | 0:40:18 |         |        |      | >  | 00:42  |

# Campbelltown Joggers Club

## 1990 Handicap Series Results

H'cap No: 4

Date: Jun

Course: Airds 10 km

Start: Unknown

| Place | Name               | H'cap   | Actual  | +/-     | Points | Note | PB | Improv |
|-------|--------------------|---------|---------|---------|--------|------|----|--------|
| 1     | Peter Knott        | 0:40:45 | 0:39:50 | - 00:55 | 25     |      | >  | 00:55  |
| 2     | Dennis Hams        | 0:42:45 | 0:41:53 | - 00:52 | 23     |      | >  | 01:49  |
| 3     | Don Johnson        | 0:46:15 | 0:45:29 | - 00:46 | 21     |      |    |        |
| 4     | Alan Holt          | 0:43:45 | 0:43:08 | - 00:37 | 20     |      |    |        |
| 5     | David McBean       | 0:40:00 | 0:39:31 | - 00:29 | 19     |      | >  | 00:47  |
| 6     | Bob Corderoy       | 0:36:45 | 0:36:28 | - 00:17 | 18     |      |    |        |
| 7     | Andy Ponsonby      | 0:39:00 | 0:38:52 | - 00:08 | 17     |      |    |        |
| 8     | Barry Hall         | 0:38:00 | 0:38:00 | + 00:00 | 16     |      |    |        |
| 9     | John Derrick       | 0:48:00 | 0:48:10 | + 00:10 | 15     |      | >  | 00:02  |
| 10    | Rod Glynn          | 0:36:45 | 0:37:01 | + 00:16 | 14     |      |    |        |
| 11    | Alan Banfield      | 0:42:30 | 0:43:21 | + 00:51 | 13     |      |    |        |
| 12    | Noel Coombes       | 0:41:15 | 0:42:19 | + 01:04 | 12     |      |    |        |
| 13    | Chris Thoroughgood | 0:41:00 | 0:42:08 | + 01:08 | 11     |      |    |        |
| 14    | Kevin Hardaker     | 0:38:00 | 0:39:41 | + 01:41 | 10     |      |    |        |
| 15    | Don Dewhurst       | 0:39:00 | 0:40:43 | + 01:43 | 9      |      |    |        |
| 16    | Simon Price        | 0:43:30 | 0:45:27 | + 01:57 | 8      |      |    |        |
| 17    | Gary White         | 0:41:30 | 0:43:31 | + 02:01 | 7      |      |    |        |
| 18    | Dave Thomas        | 0:00:00 | 0:34:53 |         |        |      |    |        |
| 19    | Tony Donnellan     | 0:00:00 | 0:37:22 |         |        |      |    |        |
| 20    | Michael Larven     | 0:00:00 | 0:38:28 |         |        |      | >  | 00:25  |
| 21    | Robert Claydon     | 0:00:00 | 0:43:15 |         |        |      |    |        |

# Campbelltown Joggers Club

## 1990 Handicap Series Results

H'cap No: 5

Date: Jul

Course: Airds 10 km

Start: Unknown

| Place | Name               | H'cap   | Actual  | +/-     | Points | Note | PB  | Improv |
|-------|--------------------|---------|---------|---------|--------|------|-----|--------|
| 1     | John Derrick       | 0:48:00 | 0:47:18 | - 00:42 | 25     |      | >   | 00:52  |
| 2     | Bob Corderoy       | 0:36:45 | 0:36:13 | - 00:32 | 23     |      | >   | 00:05  |
| 3     | Andy Ponsonby      | 0:39:00 | 0:38:38 | - 00:22 | 21     |      |     |        |
| 4     | Dennis Hams        | 0:42:00 | 0:41:40 | - 00:20 | 20     |      | >   | 00:13  |
| 5     | Malcolm Nearn      | 0:43:45 | 0:44:05 | + 00:20 | 19     |      |     |        |
| 6     | Don Dewhurst       | 0:39:15 | 0:39:46 | + 00:31 | 18     |      |     |        |
| 7     | Ken Saunders       | 0:41:30 | 0:42:04 | + 00:34 | 17     |      |     |        |
| 8     | Alan Holt          | 0:43:15 | 0:44:07 | + 00:52 | 16     |      |     |        |
| 9     | Alan Banfield      | 0:42:30 | 0:43:27 | + 00:57 | 15     |      |     |        |
| 10    | Barry Hall         | 0:38:00 | 0:39:00 | + 01:00 | 14     |      |     |        |
| 11    | Simon Price        | 0:43:30 | 0:44:35 | + 01:05 | 13     |      |     |        |
| 12    | Chris Thoroughgood | 0:41:00 | 0:42:09 | + 01:09 | 12     |      |     |        |
| 13    | Peter Knott        | 0:40:15 | 0:41:54 | + 01:39 | 11     |      |     |        |
| 14    | David McBean       | 0:39:45 | 0:42:00 | + 02:15 | 10     |      |     |        |
| 15    | John Chapman       | 0:41:00 | 0:48:50 | + 07:50 | 9      |      |     |        |
| 16    | Dave Thomas        | 0:00:00 | 0:33:35 |         |        |      | >   | 01:18  |
| 17    | Michael Larven     | 0:00:00 | 0:37:53 |         |        |      | >   | 00:35  |
| 18    | Robert Claydon     | 0:00:00 | 0:42:15 |         |        |      | >   | 01:00  |
| 19    | John Reness        | 0:00:00 | 0:48:19 |         |        |      |     |        |
| 20    | Bruce Frazer       | 0:38:15 |         |         |        |      | DNF |        |
| 21    | Rod Glynn          | 0:36:45 |         |         |        |      | DNF |        |

# Campbelltown Joggers Club

## 1990 Handicap Series Results

H'cap No: 6

Date: Aug

Course: Airds 10 km

Start: Unknown

| Place | Name               | H'cap   | Actual  | +/-     | Points | Note | PB | Improv |
|-------|--------------------|---------|---------|---------|--------|------|----|--------|
| 1     | Andy Ponsonby      | 0:38:45 | 0:38:02 | - 00:43 | 25     |      | >  | 00:26  |
| 2     | Rod Glynn          | 0:36:45 | 0:36:06 | - 00:39 | 23     |      |    |        |
| 3     | Chris Thoroughgood | 0:42:00 | 0:41:36 | - 00:24 | 21     |      |    |        |
| 4     | Bob Corderoy       | 0:36:45 | 0:36:23 | - 00:22 | 20     |      |    |        |
| 5     | Robert Claydon     | 0:41:15 | 0:40:55 | - 00:20 | 19     |      | >  | 01:20  |
| 6     | Dave Thomas        | 0:34:00 | 0:33:42 | - 00:18 | 18     |      |    |        |
| 7     | Michael Limbrey    | 0:41:30 | 0:42:02 | + 00:32 | 17     |      |    |        |
| 8     | Kevin Hardaker     | 0:38:00 | 0:38:52 | + 00:52 | 16     |      |    |        |
| 9     | Alan Holt          | 0:43:30 | 0:44:35 | + 01:05 | 15     |      |    |        |
| 10    | Gary White         | 0:42:00 | 0:43:14 | + 01:14 | 14     |      |    |        |
| 11    | Alan Banfield      | 0:42:45 | 0:44:15 | + 01:30 | 13     |      |    |        |
| 12    | David McBean       | 0:40:00 | 0:42:01 | + 02:01 | 12     |      |    |        |
| 13    | Barry Hall         | 0:38:15 | 0:40:41 | + 02:26 | 11     |      |    |        |
| 14    | Simon Price        | 0:44:00 | 0:47:17 | + 03:17 | 10     |      |    |        |
| 15    | Malcolm Nearn      | 0:43:45 | 0:51:43 | + 07:58 | 9      |      |    |        |
| 16    | Michael Larven     | 0:00:00 | 0:37:24 |         |        |      | >  | 00:29  |
| 17    | Neil Flenley       | 0:00:00 | 0:38:53 |         |        |      |    |        |
| 18    | Greg Arentz        | 0:00:00 | 0:41:12 |         |        |      |    |        |

# Campbelltown Joggers Club

## 1990 Handicap Series Results

H'cap No: 7

Date: Sep

Course: Airds 10 km

Start: Unknown

| Place | Name               | H'cap   | Actual  | +/-     | Points | Note | PB | Improv |
|-------|--------------------|---------|---------|---------|--------|------|----|--------|
| 1     | Robert Claydon     | 0:41:00 | 0:39:29 | - 01:31 | 25     |      | >  | 01:26  |
| 2     | Gary White         | 0:42:30 | 0:41:29 | - 01:01 | 23     |      |    |        |
| 3     | Andy Ponsonby      | 0:38:30 | 0:37:38 | - 00:52 | 21     |      | >  | 00:24  |
| 4     | John Chapman       | 0:41:30 | 0:41:01 | - 00:29 | 20     |      |    |        |
| 5     | Malcolm Nearn      | 0:44:15 | 0:43:55 | - 00:20 | 19     |      |    |        |
| 6     | Dave Thomas        | 0:34:00 | 0:33:41 | - 00:19 | 18     |      |    |        |
| 7     | Alan Banfield      | 0:43:00 | 0:42:48 | - 00:12 | 17     |      |    |        |
| 8     | Bob Corderoy       | 0:36:45 | 0:36:45 | + 00:00 | 16     |      |    |        |
| 9     | Alan Holt          | 0:44:00 | 0:44:02 | + 00:02 | 15     |      |    |        |
| 10    | Chris Thoroughgood | 0:41:45 | 0:41:53 | + 00:08 | 14     |      |    |        |
| 11    | Ken Saunders       | 0:41:45 | 0:42:45 | + 01:00 | 13     |      |    |        |
| 12    | David McBean       | 0:40:30 | 0:42:39 | + 02:09 | 12     |      |    |        |
| 13    | Stan Cousins       | 0:43:00 | 0:45:12 | + 02:12 | 11     |      |    |        |
| 14    | Don Johnson        | 0:46:00 | 0:48:27 | + 02:27 | 10     |      |    |        |
| 15    | Dennis Hams        | 0:41:45 | 0:44:46 | + 03:01 | 9      |      |    |        |
| 16    | Don Dewhurst       | 0:39:30 | 0:42:43 | + 03:13 | 8      |      |    |        |
| 17    | Steve Isabel       | 0:00:00 | 0:33:32 |         |        |      | >  | 03:21  |
| 18    | Tony Donnellan     | 0:00:00 | 0:37:23 |         |        |      |    |        |
| 19    | Neil Flenley       | 0:00:00 | 0:37:42 |         |        |      |    |        |
| 20    | John Reness        | 0:00:00 | 0:54:53 |         |        |      |    |        |

# Campbelltown Joggers Club

## 1990 Handicap Series Results

H'cap No: 8

Date: Oct

Course: Airds 10 km

Start: Unknown

| Place | Name               | H'cap   | Actual  | +/-     | Points | Note | PB | Improv |
|-------|--------------------|---------|---------|---------|--------|------|----|--------|
| 1     | Alan Holt          | 0:44:00 | 0:42:11 | - 01:49 | 25     |      |    |        |
| 2     | David McBean       | 0:41:00 | 0:39:45 | - 01:15 | 23     |      |    |        |
| 3     | Alan Banfield      | 0:42:45 | 0:41:56 | - 00:49 | 21     |      |    |        |
| 4     | Kevin Hardaker     | 0:37:30 | 0:36:47 | - 00:43 | 20     |      |    |        |
| 5     | Bob Corderoy       | 0:36:45 | 0:36:04 | - 00:41 | 19     | >    |    | 00:09  |
| 6     | John Reness        | 0:48:00 | 0:47:21 | - 00:39 | 18     |      |    |        |
| 7     | John Derrick       | 0:48:00 | 0:47:26 | - 00:34 | 17     |      |    |        |
| 8     | Gary White         | 0:41:30 | 0:40:57 | - 00:33 | 16     |      |    |        |
| 9     | Simon Price        | 0:44:30 | 0:43:58 | - 00:32 | 15     |      |    |        |
| 10    | Chris Thoroughgood | 0:41:45 | 0:41:23 | - 00:22 | 14     |      |    |        |
| 11    | Don Dewhurst       | 0:40:00 | 0:39:50 | - 00:10 | 13     |      |    |        |
| 12    | Andy Ponsonby      | 0:38:00 | 0:37:51 | - 00:09 | 12     |      |    |        |
| 13    | Tony Donnellan     | 0:37:30 | 0:37:28 | - 00:02 | 11     |      |    |        |
| 14    | Steve Isabel       | 0:33:30 | 0:33:37 | + 00:07 | 10     |      |    |        |
| 15    | Malcolm Nearn      | 0:44:00 | 0:44:10 | + 00:10 | 9      |      |    |        |
| 16    | Robert Claydon     | 0:39:45 | 0:40:05 | + 00:20 | 8      |      |    |        |
| 17    | Dave Thomas        | 0:33:45 | 0:34:16 | + 00:31 | 7      |      |    |        |
| 18    | Peter Knott        | 0:41:00 | 0:42:03 | + 01:03 | 6      |      |    |        |
| 19    | Neil Flenley       | 0:38:00 | 0:39:37 | + 01:37 | 5      |      |    |        |
| 19    | Michael Limbrey    | 0:41:30 | 0:43:15 | + 01:45 | 5      |      |    |        |
| 20    | Ross Field         | 0:46:00 | 0:48:00 | + 02:00 | 5      |      |    |        |
| 21    | Stan Cousins       | 0:43:30 | 0:48:00 | + 04:30 | 5      |      |    |        |
| 22    | Rod Glynn          | 0:36:45 | 0:43:15 | + 06:30 | 5      |      |    |        |
| 23    | Albert Gay         | 0:00:00 | 0:42:32 |         |        |      |    |        |
| 24    | Paul Limbrey       | 0:00:00 | 0:44:17 |         |        |      |    |        |

# Campbelltown Joggers Club

## 1990 Handicap Series Results

H'cap No: 9

Date: Nov

Course: Airds 10 km

Start: Unknown

| Place | Name               | H'cap   | Actual  | +/-     | Points | Note | PB | Improv |
|-------|--------------------|---------|---------|---------|--------|------|----|--------|
| 1     | Gary White         | 0:41:15 | 0:40:12 | - 01:03 | 25     |      | >  | 00:42  |
| 2     | Chris Thoroughgood | 0:41:30 | 0:41:01 | - 00:29 | 23     |      |    |        |
| 3     | John Chapman       | 0:41:00 | 0:40:43 | - 00:17 | 21     |      |    |        |
| 4     | Malcolm Nearn      | 0:44:00 | 0:43:44 | - 00:16 | 20     |      |    |        |
| 5     | John Derrick       | 0:47:30 | 0:47:17 | - 00:13 | 19     |      | >  | 00:01  |
| 6     | David McBean       | 0:40:00 | 0:39:48 | - 00:12 | 18     |      |    |        |
| 7     | Alan Holt          | 0:42:15 | 0:42:15 | + 00:00 | 17     |      |    |        |
| 8     | Andy Ponsonby      | 0:38:00 | 0:38:11 | + 00:11 | 16     |      |    |        |
| 9     | Robert Claydon     | 0:39:45 | 0:39:58 | + 00:13 | 15     |      |    |        |
| 10    | Steve Isabel       | 0:33:45 | 0:34:07 | + 00:22 | 14     |      |    |        |
| 11    | Stan Cousins       | 0:43:30 | 0:43:53 | + 00:23 | 13     |      |    |        |
| 12    | Bob Corderoy       | 0:36:30 | 0:36:54 | + 00:24 | 12     |      |    |        |
| 13    | Kevin Hardaker     | 0:37:00 | 0:37:29 | + 00:29 | 11     |      |    |        |
| 14    | Don Dewhurst       | 0:40:00 | 0:40:37 | + 00:37 | 10     |      |    |        |
| 15    | Dennis Hams        | 0:42:00 | 0:42:47 | + 00:47 | 9      |      |    |        |
| 16    | Steve Dewhurst     | 0:33:45 | 0:34:58 | + 01:13 | 8      |      | >  | 01:03  |
| 17    | Simon Price        | 0:44:00 | 0:45:28 | + 01:28 | 7      |      |    |        |
| 18    | Alan Banfield      | 0:42:15 | 0:44:36 | + 02:21 | 6      |      |    |        |
| 18    | Michael Limbrey    | 0:41:30 | 0:43:51 | + 02:21 | 5      |      |    |        |
| 20    | Peter Knott        | 0:41:00 | 0:44:23 | + 03:23 | 5      |      |    |        |
| 21    | John Reness        | 0:47:15 | 0:53:40 | + 06:25 | 5      |      |    |        |
| 22    | Steven Parker      |         | 0:37:45 |         |        |      |    |        |
| 23    | Steve Mitrevski    | 0:00:00 | 0:38:40 |         |        |      |    |        |
| 24    | Paul Limbrey       | 0:00:00 | 0:41:53 |         |        |      | >  | 02:24  |
| 25    | Albert Gay         | 0:00:00 | 0:41:55 |         |        |      | >  | 00:37  |